



**College of Intensive Care Medicine  
of Australia and New Zealand**  
ABN: 16 134 292 103

## **THE SUPERVISION OF VOCATIONAL TRAINEES IN INTENSIVE CARE MEDICINE**

Supervision must be available at all times for vocational trainees in Intensive Care Medicine and this should be performed by a person who possesses the Fellowship of the College of Intensive Care Medicine (FCICM), or an equivalent qualification acceptable to the CICM Board. This supervision should occur in clinical situations, particularly those involving major procedures or sensitive communications with patients or their families, record-keeping, research, audit and quality assurance programs. In addition, appropriate supervision should be available to assist the trainee in relation to their teaching and preparation of scientific material, such as for the Formal Project or for a presentation at a conference. It should encompass the skills, knowledge and attitudes desirable in an intensive care specialist as outlined in the Objectives of Training in Intensive Care Medicine.

### **1. CATEGORIES OF SUPERVISION**

During training it is expected there will be a progression of responsibility allowed to the trainee commensurate with their expertise and experience. Four categories have been defined. The category under which each trainee works depends upon individual circumstances, noting that the category of supervision may vary for a given trainee according to the nature of the supervision that is either required or requested.

- Category 1. A supervisor working directly with one trainee in a clinical situation involving the assessment and/or management of a patient, or in a non-clinical situation as outlined above.
- Category 2. A supervisor in the same department/unit as a trainee, and available for immediate assistance and consultation.
- Category 3. A supervisor present elsewhere in the hospital, but immediately available for consultation and assistance.
- Category 4. A supervisor not in the hospital, but readily contactable and, if necessary, available within reasonable travelling time, who is specifically rostered for the period in question.

## 2. **MINIMUM SUPERVISION LEVELS**

Supervision must be available at all times, without distinction between ordinary hours and out-of-hours times. Should the supervisor be unavailable for a period of time due to other commitments, it would be appropriate to delegate this role to another suitable specialist to ensure that the trainee always has support readily available.

- 2.1 Early in training, a high proportion of supervision must be as in Category 1 or 2.
- 2.2 Later in training, supervision may be as in Category 3 or 4 when appropriate, but it is expected that patient review will be held each day with the duty ICU consultant, and that new patient referrals, significant changes in patients' status and unplanned patient discharges will be discussed with this supervisor in a timely manner.

Closer supervision and direct help must always be available when sought by the trainee.

## 3. **SPECIAL CONDITIONS**

- 3.1 The supervisor should direct the trainee to consult with him/her in relevant clinical situations. The requirement to seek consultation may vary with the complexity of the clinical situation and illustrative examples include:
  - 3.1.1 Reception of new patients into a unit, and unplanned discharge of patients from a unit.
  - 3.1.2 Unexpected or unexplained changes in a patient's condition.
  - 3.1.3 Performance of complex procedures or requirement for complex therapies on a patient.
  - 3.1.4 Treatment of children in a non-paediatric unit.
  - 3.1.5 Changes to management which have serious ethical implications (e.g. withdrawal of life support, certification of brain death and organ procurement).
  - 3.1.6 Discussion with patients, their families, and referring clinicians on major treatment policies.
  - 3.1.7 Proposed refusal of a request for admission to the unit.
  - 3.1.8 Mobilisation of intensive care resources for inter-hospital transfer.
- 3.2 An intensive care unit should have a written list of guidelines and general policies, in which the requirements of the College for supervision are included.

These guidelines should be interpreted in conjunction with the following Documents of the College of Intensive Care Medicine:

- IC-3 “Guidelines for Intensive Care Units seeking Accreditation for Training in Intensive Care Medicine”
- T-10 “The Role of Supervisors of Training in Intensive Care Medicine”
- T-12 “Guidelines for the In-Training Assessment of Trainees in Intensive Care Medicine”

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